

DECEMBER SCHEDULE 2014

SUN	MON	TUES	WED	THURS	FRI	SAT
	1	2	3	4	. 5	6
	6-7 AM Exercise w/ Temetra	3-5 PM After-School Program	3-4 PM Exercise w/ Sam (kids)	- 3-5 PM After-School Program	6-7 AM Exercise w/ Temetra	10-11 AM Vibe Fitness w/ Gino
	7-8 AM Yoga w/ Mary	7:30-8:30 PM Zumba w/ Carmen	4-5 PM Cooking w/ Shelly (kids)	7:30-8:30 PM Vibe Fitness w/ Gino	3-5 PM Family Fun Night w/ Sherry	11:30 AM-12:30 PM Zumba w/ Lisa (adults)
			6-7 PM Yoga w/ Melanie			1:30-2:30 PM Nutrition w/ Shelly (all ages)
						2:30-3:30 PM Cooking with Shelly (all ages)
7	8	9	10	11	12	13
	6-7 AM Exercise w/ Temetra	3-5 PM After-School Program	3-4 PM Exercise w/ Sam (kids)	3-5 PM After-School Program	6-7 AM Exercise w/ Temetra	10-11 AM Vibe Fitness w/ Gino
	7-8 AM Yoga w/ Mary	7:30-8:30 PM Zumba w/ Carmen	4-5 PM Cooking w/ Shelly (kids)	7:30-8:30 PM Vibe Fitness w/ Gino	3-5 PM Family Fun Night w/ Sherry	11:30 AM-12:30 PM Zumba w/ Lisa (adults)
			6-7 PM Yoga w/ Melanie		7-9 PM Family Movie Night	1 PM Gardening Workshop w/ Kathi (all ages)
14	15	16	17	18	19	20
	6-7 AM Exercise w/ Temetra	3-5 PM After-School Program	3-4 PM Exercise w/ Sam (kids)	3-5 PM After-School Program	6-7 AM Exercise w/ Temetra	10-11 AM Vibe Fitness w/ Gino
	7-8 AM Yoga w/ Mary	7:30-8:30 PM Zumba w/ Carmen	4-5 PM Cooking w/ Shelly (kids)	7:30-8:30 PM Vibe Fitness w/ Gino	3-5 PM Family Fun Night w/ Sherry	11:30 AM-12:30 PM Zumba w/ Lisa (adults)
			6-7 PM Yoga w/ Melanie			1:30-2:30 PM Nutrition w/ Shelly (all ages)
						2:30-3:30 PM Cooking with Shelly (all ages)
21	22	23	24	25	26	27
	Community Center Closed	Community Center Closed	Community Center Closed	CHRISTMAS DAY	Community Center Closed	Community Center Closed
	December 22 to January 5	December 22 to January 5	December 22 to January 5	Community Center Closed	December 22 to January 5	December 22 to January 5
				December 22 to January 5		
28	29	30	31			
	Community Center Closed	Community Center Closed	NEW YEAR'S EVE			
	December 22 to January 5	December 22 to January 5	Community Center Closed			
			December 22 to January 5			
	Questions? Call Samantha, the Hapi manager: 909-296-6757					