



# September 2014 HAPI Calendar

Sun	Mon	Tues	Wed	Thu	Fri	Sat
	1	2	3	4	5	6
						<b>11:30-1:30 Zumba (Lisa) *</b> <b>1:30-2:30 Nutrition w/Adults (Shelly)</b> <b>2:30-3:30 Cooking with Shelly(Adults)</b>
7	8	9	10	11	12	13
		<b>3:00-5:00 HAPI After School Program</b> <b>6:30-7:30 Zumba (Carmen)*</b>	<b>3:00-4:00 Exercise (KIDS) SAM</b> <b>4:00-5:00 Cooking w/Shelly (KIDS)</b>	<b>3:00-5:00 HAPI After School Program</b> <b>6:30-7:30 Vibe Fitness (Gino)</b>	<b>4:00-6:00 Friday Family Fun Night</b>	<b>11:30-1:30 Vibe Fitness (Gino)</b>
14	15	16	17	18	19	20
		<b>3:00-5:00 HAPI After School Program</b> <b>6:30-7:30 Zumba (Carmen)*</b>	<b>3:00-4:00 Exercise (KIDS)SAM</b> <b>4:00-5:00 Cooking w/Shelly (KIDS)</b> <b>5:30-6:30 Nutrition w/Shelly (Adults)</b> <b>6:30-7:30 Cooking w/Shelly (Adults)</b>	<b>3:00-5:00 HAPI After School Program</b> <b>6:30-7:30 Vibe Fitness (Gino)</b>	<b>4:00-6:00 Friday Family Fun Night</b>	<b>11:30-1:30 Zumba (Lisa) *</b>
21	22	23	24	25	26	27
		<b>3:00-5:00 HAPI After School Program</b> <b>6:30-7:30 Zumba (Carmen)*</b>	<b>3:00-4:00 Exercise (KIDS)SAM</b> <b>4:00-5:00 Cooking w/Shelly (KIDS)</b>	<b>3:00-5:00 HAPI After School Program</b> <b>6:30-7:30 Vibe Fitness (Gino)</b> <b>5:00-8:00 ASP Parent Night</b>	<b>4:00-6:00 Friday Family Fun Night</b>	<b>11:30-1:30 Vibe Fitness (Gino)</b>
28	29	30				

\* 20 minute intervals

All levels and ages invited

ASP- After-School Program

CONTACT HAPI WITH ANY QUESTIONS: [INFO@HAPIFOUNDATION.COM](mailto:INFO@HAPIFOUNDATION.COM)